

MidLifeCrisis

Live Entertainment for Any Occasion



MidLifeCrisis delivers a unique blend of current and classic rock hits in a crazed danceable atmosphere. We are currently sponsored by The Blue Moon Brewing Company and have been nominated for the title of "Best Cover/Tribute Band" by the Hartford Advocate, 5 years in a row.

Our current song list has been completely shaped by fan requests. Scientists in our secret underground musical laboratory have carefully re-orchestrated these songs so that they are sure to please a broad range of musical tastes and age groups. Our mission statement is simple, "MidLifeCrisis will provide a memorable evening of not only enjoyable music but also great live entertainment and a few surprises mixed in".

HOT FLASH
PRODUCTIONS

860-874-5268
Booking@LeeSteel.com



Lee Steel

Lead Vocals, Bass, Guitar, Wigs

Lee spent most of his professional music career in the Tampa Bay area where he recorded and performed with many bands, but most notably with Fair Warning, Rich Rags, and Deloris Telescope, opening for such acts as The Thompson Twins, Mark Farner, The Ramones, They Might Be Giants, and many more.

Going on his 14th year in New England, Lee characterizes MidLifeCrisis' mission as an opportunity to bring a little of Florida's fun and sun to the northeast. "We just want to show our audience a good time and put on a show that will allow them to enjoy a night out and forget about their troubles".

Lee has hosted local "open mic" showcases, and shared the stage with some of Connecticut's top acts. He is also currently appearing with PLASTICA, Connecticut's premier 80's tribute show.

Lee's main influences are vocal greats Gary Puckett and David Clayton Thomas, and guitar playing influences Frank Zappa and former band mate Kacy Ross.



Gary Zemanek
Vocals, Drums, Percussion

Gary has been playing the drums as long as he can remember and was born and raised in Connecticut.

Taking out his animal aggression by beating on things has always been Gary's favorite pastime, be it is his Harley, his Porsche or his drums, all are fair game.

He has performed with several local bands dating all the way back to his school days. Before joining MidLifeCrisis, Gary played with two local bands, Duznt Matr, and a band based out of Massachusetts called Wishful Thinking.

Gary, together with Lee, provides a well-balanced, earth shaking rhythm section that is the foundation of MidLifeCrisis. Gary's musical influences are Carl Palmer, Keith Moon, and John Bonham.



Paul Kramarz

Lead Vocals, Guitars, Cheesy Choreography

Born on 12-6-61, eldest of 4 children, Paul was raised on Sunday morning Polka music, but gravitated towards Rock guitar when he stumbled upon "Black Dog" in the Jukebox at the "social club". Needless to say, some of the older patrons were not pleased with this choice...

Most recently, Paul has rocked CT with his long running rock band, WITCHUNT. Before that, many bands came and went including: rock groups Sno-blind, Lothlorien, and Global Mushroom, jazz-rock band Little Monsters, lounge act Mink, wedding-top 40 groups The Bob Rush Orchestra and Fizzy Lifter and more rock bands like Electric Road Apple, The Bottom Line and Fuzzy Memories, and finally a Motown~Country band called Sheer Audacity.

Needless to say, he's been a busy guy but his determination to be an entertainer is obvious.

Then - one night, a chance encounter with Lee Steel and MLC at a local "open mic" night. The rest is history...



Nick Metro

Lead Vocals, Keyboards, Musical Direction

Nick has been playing professionally since age 17 where he played the Tri-State Dial Tone circuit opening up for such acts as Twisted Sister, Leslie West, The Good Rats and others.

He moved to Massachusetts and played the Showcase Entertainment Circuit, touring extensively throughout the Continental US and Puerto Rico. The next stop was Galveston Texas where he played a Southern Rock/Classic Blues house gig with "98 in the Shade" in the historic "Strand" District and opened up for such notable acts as Leon Russell and Connecticut's own, Rick Derringer. Never one to stay in one place too long, Nick relocated to California where he worked for a while as a freelance studio session player.

After moving back to in the Northeast, Nick answered a desperate "talent wanted" ad, listed in a seedy on-line chat forum and has enlisted in the MLC army.

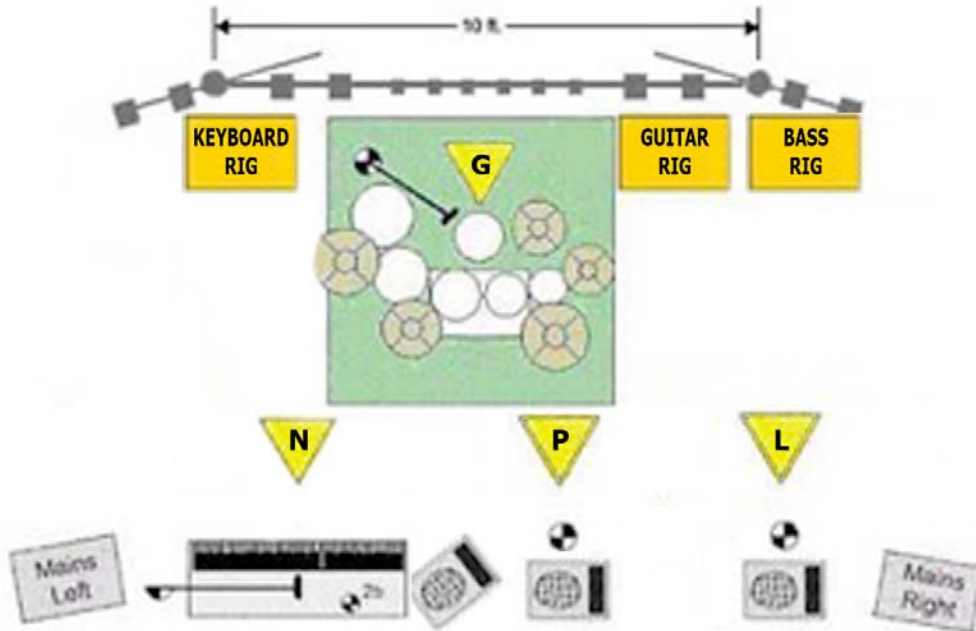
Keep an eye on Nick. If you see him drool, he's getting off.

A sample of the songs you are likely to hear

Smooth	Carlos Santana
Pretzel Logic	Steeley Dan
Reelin' In The Years	Steeley Dan
Blue Morning	Foreigner
The Letter	The Boxtops
All The Young Girls Love Alice	Elton John
Love The One You're With	Crosby, Stills & Nash
Cold Shot	Stevie Ray Vaughn
Hey Jealousy	The Gin Blossoms
Green Eyed Lady	Sugarloaf
1985	Paul McCartney
Feeling Alright	Joe Cocker
Unchain My Heart	Ray Charles
One Headlight	The Wallflowers
I Shot The Sheriff	Eric Clapton
Honky Tonk Woman	The Rolling Stones
Brown Sugar	The Rolling Stones
Don't Be Cruel	Elvis Presley
Fulsom Prison Blues	Johnny Cash
Whippin' Post	The Allman Brothers
One Way Out	The Allman Brothers
Gimme Three Steps	Lynyrd Skynyrd
Message In A Bottle	The Police
You Can't Always Get What You Want	The Rolling Stones
Lawyers, Guns and Money	Warren Zevon
Magic Carpet Ride	Steppenwolf
Story In Your Eyes	The Moody Blues
Drive	Incubus
Is She Really Going Out With Him	Joe Jackson
Plush	Stone Temple Pilots
My Guitar Wants To Kill Your Mama	Frank Zappa
I'm Not Your Steppin' Stone	The Monkees
Hymn 43	Jethro Tull
Breakdown	Tom Petty
Evil Ways	Carlos Santana
No Matter What	Badfinger

**List subject to change without notice.*

Typical MLC Stage Plot



MidLifeCrisis Equipment

MLC provides their own professional sound reinforcement and stage lighting for all engagements.

Audio Mixers: Carvin and Behringer.

Outboard Effects: Alesis, Apex, Line6, and Digitech.

Power Amps: Crown, and Mackie.

Live Audio Support: Mackie 900W Powered Sub-Woofer

Speaker Cabinets: Yamaha.

Stage Monitors: Yamaha and Behringer.

Guitars: PRS, Fender, Gibson, Eastwood, Epiphone, Taylor, and Danelectro.

Paul's guitar amps: Marshall and Egnater

Lee's Bass amp: Kustom (tuck -n- roll baby!).

Nick's Keyboards: Hammond XK-3 and Korg SG-2.

Acoustic Drums: Pearl Passport

Electric Drums: Alesis D4 w/ DDrum Triggers

Cymbals by: Zildgen and Paiste

Lighting includes: All stage lighting has been converted to energy efficient LED lighting effects with the exception of our Chauvet DMX Mushroom, Green Industrial Laser, Rainlight Bar, 75W Room Strobes, and Haze Machine.

Promotional Material

MidLifeCrisis advertising team will generate and distribute professional materials for each event, similar to this.

BLUE MOON PRESENTS

MIDLIFECRISIS

FRIDAY, MAY 15TH
JOHNNY B'S
1457 MERIDEN RD. - WOLCOTT, CT

myspace.com/midlifecrisis

GUARANTEED TO BLOW YOUR MIND!

The poster features a photograph of four men with their arms crossed, standing in front of a blue moon logo. Below them is a photograph of a live music performance at a venue, with green laser lights illuminating the stage. The text is arranged in a clear, bold hierarchy, starting with the event name and date, followed by the venue and location, and ending with a website link and a slogan.

Outstanding Live Visual Effects!

Energy efficient lighting, smoke, strobes and lasers all add up to a visual experience that is equally as impressive as the music.



MidLifeCrisis has performed at these fine venues:

<i>SportsRock USA</i>	<i>Bristol, CT</i>
<i>The Downtown Café</i>	<i>Bristol, CT</i>
<i>O'Hagan's</i>	<i>Burlington, CT</i>
<i>Patriot's Park</i>	<i>Coventry, CT</i>
<i>Mike's Penalty Box</i>	<i>Coventry, CT</i>
<i>Victory Lane</i>	<i>Dayville, CT</i>
<i>Gengras Ducati/Triumph</i>	<i>E.Hartford, CT</i>
<i>Gilo's Café</i>	<i>E.Hartford, CT</i>
<i>Cioppino's</i>	<i>Ellington, CT</i>
<i>The Farmington Club</i>	<i>Farmington, CT</i>
<i>Franklin Co. Boat Club</i>	<i>Greenfield, MA</i>
<i>Airport Road Café</i>	<i>Hartford, CT</i>
<i>Club Blu</i>	<i>Hartford, CT</i>
<i>Sully's Pub</i>	<i>Hartford, CT</i>
<i>Carilli's</i>	<i>Marlborough, CT</i>
<i>Marlborough Tavern</i>	<i>Marlborough, CT</i>
<i>Medway Pride Day</i>	<i>Medway, MA</i>
<i>South City Bar & Grill</i>	<i>Middletown, CT</i>
<i>The Andrea Resort</i>	<i>Misquamicut, RI</i>
<i>Café 9</i>	<i>New Haven, CT</i>
<i>Cadillac Ranch</i>	<i>Plainville, CT</i>
<i>The Central Café</i>	<i>Plainville, CT</i>
<i>Sam The Clam's</i>	<i>Southington, CT</i>
<i>J.J Toon's</i>	<i>S.Windsor, CT</i>
<i>The Recovery Club</i>	<i>S.Windsor, CT</i>
<i>Rider's Café</i>	<i>Thomaston, CT</i>
<i>The Free Spirit Café</i>	<i>Tolland, CT</i>
<i>The Meeting House</i>	<i>Tolland, CT</i>
<i>Café 154</i>	<i>Torrington, CT</i>
<i>The Midnight Sun</i>	<i>Torrington, CT</i>
<i>J.C. Hooks</i>	<i>Waterbury, CT</i>
<i>Zoogie's</i>	<i>Waterbury, CT</i>
<i>Cargo's Café</i>	<i>Windsor Locks, CT</i>
<i>Johnny B's</i>	<i>Wolcott, CT</i>
<i>The Lily Lake Inn</i>	<i>Wolcott, CT</i>